**Suggested courses to fulfill MAC Requirements for CSD students**

**MAC Critical Thinking Soc and Behavioral Science:**

* AAD 201: Introduction to African American Studies
* HDF 111: Human Development Across the Life Span
* HDF 112: Families and Close Relationships
* HDF 201: Development of School-Age Children
* SES 240: Communication Development in Children
* SES 242: Introduction to Exceptional Children: Early Years
* SOC 101: Introduction to Sociology
* SOC 201: Social Problems
* SOC 222: Sociology of Deviant Behavior
* PSY 250: Developmental Psychology
* PSY 121:\* General Psychology

**MAC Health and Wellness**

* Counseling and Education Development 274:Stress Management
* DCE 235: Yoga for Everybody
* DCE 244: Pilates for a Healthy Body
* CTR 102: Creating a Meaningful Life
* HDF 202: Infant and Child Development
* HDF 204: Adult Development
* KIN 220: Lifetime Wellness
* \*NTR 213: Introduction to Nutrition (**Could also count for one of three sciences for major)**
* Public Health 201: Personal Health
* REL 108: Religion and Food
* PHI 141: What makes life good?
* WGS 280: Women’s Health and Bodies

**MAC Critical Thinking Human and Fine Arts**

* PHI 220: Medical Ethics
* ART 100: Introduction to Art
* DCE 101: Introduction to Dance
* DCE 200: Dance Appreciation
* ENG 105: Introduction to Narrative
* ENG 106: Introduction to Poetry
* PHI 121: Contemporary Moral Problems
* ENG 104: Approach to Literature
* REL 101, 201, 233 and 245
* PCS105: Exploring Political Issues

**MAC Diversity and Equity**

* HDF 221: Issues in Parenting
* WGS 270: Introduction to LGBTQI
* WGS 250: An Introduction to Women Gender and Sexuality Studies
* Liberal Studies 241: Visualizing Disability
* ATY 231: Race and Human Diversity
* MUS 212: Topics in Hip Hop
* PHI 224:Philosophy of Race and Gender

**MAC Critical Thinking Natural Science**

* \*\*BIO 105 and Lab
* \*PHY 205 General Physics (**Could count for 1 of 3 sciences for major.)**

**MAC Critical Thinking Global and Intercultural**

* Classical Civilization 205: Mythology
* Sustainable Tourism and Hospitality 231:Tourism, Cultures and Places
* \*\*\*Any foreign language

**MAC Oral Communication**

* CST 105: Introduction to Communication Studies
* Freshman Seminar 116: Reasoning and Discourse

**MAC Written Communication:**

* 115 Freshman Seminar in Reasoning and Discourse: Written Discourse
* English 101: Exploring Writing in College Contexts
* English 102: Academic Research and Writing

**MAC Foundations: Marker can be waived with 24 transfer hour credits or more**

* FYE 101: Succeed at the G: Topics
* HHS 150: Design your Life
* PHIL 133: Sex and Death
* PHIL 137: Minds and Brains
* PHIL 138: Good and Evil

**MAC Nat Sci Data Analysis**

* \*Chemistry 101 or 103

**MAC Quantitative Reasoning**

* \*MAT 115: College Algebra
* \*\*STA 108: Elementary Introduction to Probability and Statistics

\* **Required for major.**

**\*\* Required for national certification (ASHA)**

\*\*\* **Foreign Language is required through the 102 level and then ASL 101 OR for the major a foreign language through the 101 level and ASL 101 and 102.**